

## DEPARTMENT OF THE AIR FORCE 673D FORCE SUPPORT SQUADRON JOINT BASE ELMENDORF-RICHARDSON, ALASKA

The guidelines for conducting Water Survival Training at JBER Pools are as follows:

Training requests must be submitted 2 weeks in advance with a 10 person minimum. 30 days prior for training that requires the pool to close.

- Training will not begin before 0730 Mon Fri. (Weekend training is scheduled on a case by case basis)
- The amount of pool space reserved is determined by the type of training and amount of participants. Please specify when making the reservation.
- While in the water, trainees will be limited to 10 per instructor (20 trainees at a time max)
- Participants are to wear PT uniform underneath BDU/ACU.
- Boots are permitted but must be cleaned thoroughly before entering pool.
- Participants are to remove all items from inside their pockets as well as removable patches.
- All participants are to fully shower off prior to entering the pool.
- Non Swimmers are to be identified prior to training and are NOT permitted to participate in deep water skill sets. (BFC offers FREE swim classes to AD military on Wed/Fridays)
- In the event that a trainee needs to be rescued or fails the swim test portion of the training they are then classified as a non swimmer and must remain in chest deep water for the remainder of training.
- There must be at least 2 safety swimmers in the water for all training conducted at JBER pools. An increase of safety swimmers may be required based on the level of risk involved with training The uniform is the PT shorts. (please see staff for details)
- Persons making reservations must provide an email address, as an appointment reminder will be sent for confirmation. Reservations will not be considered valid until the person requesting the reservation confirms the appointment reminder via email.
- In the event you must cancel your appointment please call BFC pool as soon as possible.
- The kiddy pool wall is a barrier that separates the shallow water from the deep. Please do not sit/step/crawl over it due to safety concerns.
- Failure to follow directions from the lifeguards will result in suspension of training and your group will be asked to vacate the area.

The above guidelines must be adhered to by all personnel conducting and participating in Water Survival Training at JBER Pools. For guidelines on conducting Water Survival Training please refer to TC 21-21. For any questions or concerns feel free to contact BFC swimming pool at 384-1301.

Deborah Richards